

ABSTRACT

A fabrication method of an oral care composition comprising the steps of drying a *Cimicifuga* root, soaking the dried *Cimicifuga* root in a vinegar for a
5 predetermined time period, and drying the vinegar-soaked *Cimicifuga* root. The vinegar-soaked then dried *Cimicifuga* root, a salt and a water are admixed at a sequential weight ratio of about 10% to 40%, about 10% to 40% and about 30% to 50%. The admixture of the *Cimicifuga* root,
10 the salt and the water are evaporated to obtain a *Cimicifuga*-salt concentration and then *Cimicifuga* root fibers are removed from the *Cimicifuga*-salt concentration.